## Birkenhead Park "5" - 1972 to 1976

Four laps of the Lower Park carriage way and Ashville Road, anti-clockwise with the start and finish on Cannon Hill, the highest point of the Lower Park.

The distance was 5.2 miles - 60 seconds over 5 miles at 5 min mile pace

The results for 1976 are incomplete, only the first 25 names and times have survived.

|  | BIRKENHEAD | FESTIVAL OF SPORT |  |
| :---: | :---: | :---: | :---: |
|  | Five Mile Road R | ace - 19th July 1972 |  |
| RESULTS: |  |  | Time: |
| 1 | R. Brown | Pembroke A.C. | 25-07 |
| 2 | A. Adams | Caty of Stoke A.C. | -11 |
| 3 | D. Watson | Wirral A.C. | -14 |
| 4 | C. Leigh | Salford A.C. | -22 |
| 5 | B. Renshall | Pembroke A.C. | -27 |
| 5 | J. Myatt | Wirral A.C. | -33 |
| 7 | J. Balmer | Pembroke A.C. | -36 |
| 8 | M. Newport | Mid-Cheshire A.C. | 26-05 |
| 9 | D. Martin | N. Belfast Harriers | -08 |
| 10 | A. Farrell | Liverpool H.\& A.C. | -17 |
| 11 | R. Phipps | Mid-Cheshire A.C. | -29 |
| 12 | P. Flatman | Wrexham A.C. | -48 |
| 13 | P. Howard | Wirral A.C. | -56 |
| 14 | P. Malcolmson | Pembroke A.C. | 27-05 |
| 15 | G. Johnson | City of Stoke A.C. | -06 |
| 16 | M. Frlynn | Waterloo A.C. | -21 |
| 17 | D. Lockley | Wallasey A.C. | -25 |
| 18 | R. Durack | City of Stoke A.C. | -30 |
| 19 | V. Evaṇs | Waterloo A.C. | 41 |
| 20 | G. Lawson | Manchester \& D.L.C.H. | -40 |
| 21 | D. Reid | Pembroke A.C. | -47 |
| 22 | D. Jeffs | Nirral A.C. | -50 |
| 23 | P. Minshull | Manchester \& D.L.C.H. | -54 |
| 24 | R. Brimmage | Wallasey A.C. | 28-05 |
| 25 | G. Rigby | Pembroke A.C. | -14 |
| 26 | J. Lockey | City of Stoke A.C. | -16 |
| 27 | B. $\Lambda$ dams | Mid-Cheshire A.C. | -18 |
| 28 | R. Warburton | Wallasey A.C. | -18 |
| 29 | G. Williams | Wirral A.C. | -26 |
| 30 | S. Smith 1st Vet | Pembroke A.C. | -33 |
| 31 | J. Sumsion | Wirral A.C. | -39 |
| 32 | J. Candlin | Unattached | -42 |
| 33 | S.C. Cottier | Waterloo A.C. | 29-03 |
| 34 | S. Graham | Liverpool Ho of A.C. | -08 |
| 35 | P. Weatherhead | Wirral A.C. | -13 |
| 36 | K. Hall 2nd Vet | Wirral A.C. | -18 |
| 37 | T.A. Baker | Unattached | -29 |
| 38 | P. Evans | Waterloo A.C. | -33 |
| 39 | J.M. Stobbs | Wirral A.C. | -43 |
| 40 | M. O'Briery | Wrexham A.C. | -49 |
| 41 | G. Griffiths | Wallasey A.C. | -54 |
| 42 | J. MeCarthy | R.A.F.Valley | 30-12 |
| 43 | A.J. Colcman | Wirral A.C. | -20 |
| 44 | G. Babbidge | Wrexham A.C. | -21 |
| 45 | P. Keeley | Wr exham A.C. | -26 |
| 46. |  |  |  |
| 47 | J. Allman | Mid-Cneshire A.C. | -48 |
| 48 | N. Asheroft | Cint.t.me H. | -56 |
| 49 | C. Hollingsworth | Pembroke A.C. | 31-05 |
| 50 | I. Durkin | Wallasey A.C. | -14 |
| 51 | P. Keeling | Hallamshire H. | -28 |
| 52 | T. Carroll | Flints Coll.Tech.A.C. | -34 |
| 53 | G.E. Deffee | Unattached | -34 |
|  | R. Salisbury | Wirral A.C. | -38 |
| 55 J | J.L. Baldwin | Wrexham A.C. | -53 |
| 56 | E. Wallace | Wirral A.C. | 32-45 |
| 57 | J. Lynch | Wallasey A.C. | 33-22 |
| 58 | D. Stroud | Wallasey A.C. | 34-07 |
| 59 | W. Smith | Birkenhead T.C. | 39-36 |
| 60 \{ | J J. Swann | Waterloo A.C. | 41-44 |
| 60 \{ | R. Hews on | Wallasey A.C. | 41-44 |


| I. F. Dayies | L'pool H. | 24.23 | 41. F. Dooling | $L_{\text {L pool }} \mathrm{H}$. | 28.25 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2. P.J. Garey | " | 33 | 42. P. Humphrcys | Wirral | 38 |
| 3. P. Waddington | " | 36 | 43. M. Dow | Lancs. Coms. | 43 |
| 4, J. Norman | Altrincham: | - 42 | 44. P. Evans | Waterloo | 53 |
| 5. A. Blinston | , | 47 | 45. D. Ellison | Keswick | 29.09 |
| 6. M. Critchley | Cardiff | 50 | 46. P. Woathorhead | Wirral | 28 |
| 7. J. MoLoughlin | Sutton | 52 | 47. K. Hall | " | 37 |
| 8. A. Adams | C.of Stoke | 25.04 | 48. P. Forster | " | 3\% |
| 9. D. Blakeley | M \& D. | 10 | 49. R. Konna |  | 38 |
| 11). I. Carroll | Wirral | 11 | 50. D. Jeffs |  | 33 |
| 11. M. Absolom | C. of Stoke | 50 | 51. M. Stobbs | " | 54 |
| 12. K. O'Toole | L. Pemb. | 59 | 52. P. Kooloy | Wroxham | 30.02 |
| 13. D. Watson | Wirral | 26.02 | 53. A. Knowlos | Watorloo | 08 |
| 14. R.Brown | L. Pemb. | 04 | 54. A. Coloman | Wirral | Is |
| 15. T. Harper | Wirral | 14 | 55. T. Carroll | Wroxham | 2 |
| 16. J. Alcock | " | 26 | 56. T. Proscott | Sutton | 2. |
| 17. P. Malcolmsom | L. Pem. | 38 | 57. B. Flanagan | Bristol | 38 |
| J.8. J. Orehan | Sution | 41 | 58. P. Martin | L'pool Poly | 31.28 |
| 19. D. Evans | Waterloo | 43 | 59. L. Baldwin | Wroxham | 30 |
| 20. Ir Woods | Sefton | 47 | 60. J. Masscy | Sutton | 32 |
| 21. D. Gaynor | L. Pemb | 50 | 61. P. Wilkinson | L'pool Poly | 36 |
| 22. M. Flynn | Waterloo | 50 | 62. A. Narlow |  | 36 |
| 23. P. Howard | Wirral | 55 | 63. 1. Hollingswor | rth L'pool Pem. | 39 |
| 24. A. Rydout | Altrincham | 27.01 | 64. D. Stroud | Vallasoy | 32.17 |
| 25. R. Walker | L. Pomb. | 02 | 65. G. Brady | L'pool Pom | 24 |
| 26. J. Salt | Rochdale | 07 | 66. K. Mackon | Lepool H. | 29 |
| 27. B. Helch | Winsford | 08 | 67. T. Doighton | C.of Stoke | 33.02 |
| 28. D. Reid | L. Pemb. | 10 | 68. J. C Russcll | Unatt. | 06 |
| 29. I. Kellie | Keswick | 11 | 69. R. Salisbury | Wirral |  |
| 30. B. Noolford | Sutton | 12 | 70. F. Whitford | St Androws FC | 34.52 |
| 31. J. Egerton | Winsford | 16 | 71. F. Power | Unatt. | 35.19 |
| 32. S. Graham | L'Pool H. | 33 | 72. II. Russcll | Unatt. | 37.46 |
| 33. T. Baker | Winsford | 34 | 73. P. Russcll |  | 47 |
| 34. J. Vallance | Sunderland | 38 | 74. J.B.Swann | Wat erloo | 41.05 |
| 35. S. O'Keofe | Sefton | 52 | 75. S.B. James B | B'head Pk RFC | 48.25 |
| 36. T. Reilly | $L^{\prime}$ pool Poly. | 56 |  |  |  |
| 37. D. Nalton | Altrincham | 59 |  |  |  |
| 38. D. Shallcross | Uirral | 28.00 |  |  |  |
| 39. S. Smith | L'pool Pem. | 08 |  |  |  |
| 40. D. Baker | Uirral | 26. |  |  |  |

First vetoran over 40 years was Joe Salt (Rochdale) and First Veteran over 50 years, Ken Hall (Wirral).
Many thanks to all competitors for making the race a success. I hope that you onjoyed what proved to be from my viewpoint a real burn-up. I'm sure that you will agree that the closed circuit helps tremendously and I thank the Parks Police for holping us in this. Please do not hositate to criticise the oreganisation, I am solely responsiblo for this and will do all to ensure that criticisms aro dealt with and crrors not ropoated in 1974. Possibly the changing rooms arc getting a littlo crampod and this will be reviowed. Mat.

## WIRRAL ATHLETIC CLUB <br> BIRKENHEAD PARK FIVE

## Wednesday 22nd May 1974

| 1.P.Waddington | n Liverpool | . 49 | 28. D.Shalleross | Wirral | 28.05 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2.F.Davies |  | . 58 | 29.B.Flanagan | Sefton | . 08 |
| 3.D.Evens |  | 25.07 | 30. M.Fidgett | Aston U. | . 13 |
| 4.M.Absolom | City of Stoke | . 13 | 31. B.Woolford | Sutton | . 16 |
| 5.A.Adams |  | . 15 | 32. P. Forster | Wirral | 2 |
| 6.A. Dean | " | . 23 | 33. J.Wright | Wallasey | . 27 |
| 7.C.Johnson | Sutton | . 37 | 34. S.Smith | L. Pemb. | 29.00 |
| 8.P. Kennedy | L'pool H. | 26.16 | 35. D. Baker | Wirral | . 13 |
| 9.P. Whiteman | Cty Stoke | . 17 | 36. N.Wilson | Sefton | . 20 |
| 10.P. Malcolms on | n L'pl Pemb | . 28 | 37. D.Smith | M/c Univ | . 24 |
| 11.M.Dooling | L'pool H. | . 30 | 38. M.Travis | Sefton | . 31 |
| $12 . \mathrm{M}$. Fly m | Waterloo | . 30 | 39. A. Warlow | Lpl Poly | . 37 |
| 13.M.Peck | Aston Univ. | . 36 | 40. I.Adams |  | 5 |
| 14.P. Howard | Wirral | .40 | 41. T.Prescott | Sutton | 30.29 |
| 15.D.Reid L | L'Pl Pembroke | . 43 | 42. M.Foschi | Frodsham | . 39 |
| 16.J.Alc ock | Wirral | . 45 | 43. J.Ly nch | Wallasey | . 4 |
| 17.C.Simpson | Aston Univ. | . 52 | 44. K.Peeney | Lpl Pemb | . 54 |
| 18.K. Burrell | I'pool H. | . 54 | 45. M.Stobbs | Wirral | 31.10 |
| 19.R.Walker L | L'pl Pembroke | 27.03 | 46. J.Russell | L. Bndry | . 47 |
| 20.A. Barlow | Wirral | . 07 | 47. B.Hughes | Lpl Pemb | 33.40 |
| 21.J.P.Egerton | Winsford | . 09 | 48. T. Deighton | C.Stoke | 34.39 |
| 22.D.Jeffs | Wirral | .12 | 49. J.Gibson | Wirral | . 52 |
| 23.T. Baker | Winsford | . 20 | 50. E.Wallace |  | 35.22 |
| $24 . \mathrm{P}$. Weatherhea | ad Wirral | . 25 | 51. M.Russell | L. Bndry | 36.53 |
| 25.P. Montgomery | y Sefton | . 28 | 52. P.Russell |  | 39.53 |
| 26.V.Proudlove | Winsford | . 37 | 53.J.Swann | Waterloo |  |
| 27.M.Morrell | Wirral | 28.03 |  |  |  |


|  | Veteran (over 40) | C.J.Simpson | Aston University |
| :---: | :---: | :---: | :---: |
| 2nd | Veteran | M.E.Morrell | Wirral A.C. |
| 1st | Junior (under 20) | R.E.Walker | Liverpool Pembroke |
| Lst | Birkenhead Resident | P.I. Howard | Wirral A.C. |
| Intermediate times:- |  |  |  |
| Lap | 1. 6 min 12 sec | (Group of about | twelve) |
| Lap | 2. 12 min 16 sec | (F.Davies about | 30m clear of six) |
| Lap | 3. 18 min 36 sec | (F.Davies about | 10 m clear of P.Wad |

Thank you for your support. I hope you enjoyed the outing and that you will be back again next year. Watch out for details in A.W.
P.F.H.

| 1. | F. Davies | L'pool H. | 24.24 |
| :---: | :---: | :---: | :---: |
| 2. | R. Hill | Bolton U.H. | 35 |
| 3 | G. Taylor | Small Heath | 42 |
| 4. | R. Harrison | L'pool H. | 25.09 |
| 5 | P. Waddington |  | 30 |
| 6. | R. Brown | L'pool Pem. | 32 |
| 7. | P. Lindsell | Salford, | 34 |
| 8. | A. Farrell | L'pool H. | 38 |
| 9 | P. Malcolmson | L'pool Pem. | 40 |
| 10. | B. Baldaro | Tipton H. | 43 |
| , | R. Barlow | Sutton H. | 26.00 |
| 12. | J. Crehan | " | 03 |
| 13. | G. Davies | Small Heath | 08 |
| 14 | P. Howard | Wirral | 12 |
| 15 | M. Sinkinson | Salford H. | 15 |
| 16. | T. Baker | Minsford | - 18 |
| 17 | T. Harper | Wirral | - 32 |
| 18 | 11. Flynn | L'pool Pem. | 36 |
| 19. | A. Barlow | Wirral | 52 |
| 20. | P. Neatherhead | " 180 | 53 |
| . | D. Shallcross | " | 56 |
| 22. | D. Lindesay | : | 58 |
| 23. | II. Foschi | Frodsham | 27.06 |
| 24 | B. Woods | Sefton | 08 |
| 25. | R. Jackson | Wirral | 22 |
| 26. | V. Bdwards | Wrexham | 24 |
| 27 | K. O'Tocle | L'pool Pem. | 26 |
| 28. | D. Clague |  | 28 |
| 29. | G. Dogett (V) | Salford | 37 |
| 30. | R. Williams | L'pool Pem. | 46 |
| 31. | S. Dobson | Leeds C. | 48 |
| 32. | D. Baker | Hirral | 50 |
| , | C. Jarvis | Southport | 51 |
|  | T. Vallance | Sunderland | 52 |
|  | K. Hall (V) | Wirral | 54 |
| 36 | P. Montgomery | Sefton H. | 57 |
| 37. | ii. Weston | Wrexham | 28.00 |
| 38. | P. Carragher | L'pool Pem | 04 |
| 39. | R. Kernighan(V) | 10 | 09 |
| 40. | R. Brimage | Nallasey | 23 |
| 41. | B. Woolford | Wirral 1 | 38 |
| 42. | P. Hodgins | Unat't. | 46 |
| 43. | R. Nathews | L'pool Pem. | 54 |
| 44 | M. Cranny | Wirral | 59 |
|  | I. Hyland | Southport | 29.08 |
| 46 | R. Johnson | Manchester | 17 |
|  | J. Riley | Wirral | 24 |
|  | S. Smith (V) | L'pool Pe |  |



First Wirral Resident. P. Howard -14 th.
Veterans. 0/40. G. Doggett. 0/45. R. Kernighan 0/50. K. Hall

|  | McEvoy | L'ppol H. | 13. |
| :---: | :---: | :---: | :---: |
| 2 | M. Brady | Pömbroke | 17 |
| 3 | M. Tunstall | Wirral | 27 |
|  | A. Twizell (c) | L'pool H. | 29 |
| 5 | P. Dwyer (c) | Pembroke | 41 |
| 6 | S. Kernighan | " | 51 |
| 7. | D. Stewart | Calday | 14.02 |
| 8. | M. McAllister | L'pool H. | 02 |
| 9. | D. Everett | S.F.X. | 07 |
| 10 | D. Warren | Winsford | 09 |
| 11 | D. Hughes | Woodchurch | 13 |
| 12 | D. Galvin | L'pool H. | 16 |
| 13 | A. Twells | Calday | 20 |
|  | G. Allen (C) | L'pool H. | 28 |
| 15. | D. Jackson(C) | PrestonAC | 30 |
| 16. | A. Holmes ${ }^{\text {' }}$ | L'pool H. | 32 |
| 17 | P. Hughes | L. Boundary | 33 |
| 18 | C. Peterson | Pembroke | 35 |
|  | J. Allen (c) | L'pool H | 36 |
|  | M. Bayliss(c) | Wirral | 37 |
| 21 | M . Newton | $L^{\prime}$ pool H. | 42 |
|  | C. Dagnell (c) | " | 43 |
| 23, | C. Speers | " | 45 |
| 24. | P. Williams(c) | Winsford | 48 |
| 25 | K. Henderson | Pembroke | 50 |
|  | A. Cottrell (c) | Frodsham | 54 |
|  | M. Holland (c) | Pembroke | 57 |
|  | C. Bayliss(C) | Wirral | 58 |
| 29. | C. Gordon | Preston AC | 15.00 |
| 30. | C. O'Connor | Pembroke | 02 |
| 31 | C. Barry | L'pool H. | 04 |
| 32. | A. Power | Wirral | 06 |
| 33 | N. Johnston(C) | L'pool H. | 10 |
| 34. | R. Perkins | Sutton Comp. | 14 |
|  | R. Kennah | " 1 | 15 |
|  | A. Jones (c) | $L^{\prime}$ pool H. | 16 |
|  | A. Mackay (C) | L " | 17 |
| 38. | K. Hunt | Frodsham | 18 |
| 39. | K. Dowson | L. Boundary | 18 |
| 40. | M. Evans | $L^{1}$ pool H. | 19 |
|  | H. Downes (c) | Sutton Comp. | 19 |
|  | M. Marsden(C) | Pembroke | 22 |
| 43. | G. Rees | Calday | 22 |
| 44 | H. Quinn ${ }^{1 / C}$ | Wirral | 22 |
|  | J. Kelly (c) | Pembroke | 22 |
|  | M. Hatton( C ) |  | 22 |
|  | K. Caldwell(c) | utton Comp. | - 23 |

48. R. Asouit Wirral ..... 15.28
49. P. Dunn (C) L'pool H. ..... 29
50. L. Boundary ..... 30
51. N. Malone Pembroke ..... 31
52. P. Shilleto Pembroke ..... 32
53. M. Kornighan( C ) ..... 33
54. C. Young(c) Calday GS ..... 33
55. T. Worsley(C) Preston AC ..... 35
56. P. Warren(c) Winsford ..... 39
57. Pembroke ..... 44
58. C. Coan(c) ..... 45
59. D. Marland (c) Wirral ..... 46
60. U/A ..... 47
61. P. O'Neill(c) L'pool H. ..... 49
62. N. Murphy(c) ..... 50
63. R. Moore(c) Sutton Comp. ..... 52
64. B. Yates L'pool Bound. ..... 53
65. D. Swarbrick(c) ..... 54
66. J. Slade-Jones(c) Frodsham ..... 55
67. A. Wilson(c) ..... 16.00
68. K. Bøintley(C) Calday G.S. ..... ol
69. S. Hockenhull(c) Wirral. ..... 04
70. E. Clarke St Anselms ..... 09
71. I. Millichap(C)Calday GS ..... 13
72. L'pool H. ..... 20
73. W. Montgomery ..... 23
74. S. Black(c) Sutton Comp. ..... 30
75. D. Corfield Wirral ..... 35
76. M. O'Brien(c) Winsford ..... 37
77. B. Hunt(c) Frodsham ..... 48
78. P. Smith(c) L.Boundary ..... 49
79. Frodsham ..... 52
80. Wirral AC ..... 17.01
81. L. Boundary ..... 02
82. M. Griffiths(c) Frodsham ..... 02
83. A. Hieris L. Boundary ..... 12
84. R. Hutton(c) Proston AC ..... 14
85. N. Tunstall(C) Wallasey ..... 28
86. B. Greon(c) L.Boundary ..... 32
87. G. Adelsberg(c) ..... 33
88. B. Gorman(c) Pembroke ..... 45
89. R. Houghton(c)St.Anselms ..... 52
90. M. West (c) ..... 18.29
91. I. Marshall(c)L. BOundary ..... 33
92. A. Smith(c) Birkenhead ..... 42
93. L. Smith(c) ..... 19.15

Only first 25 finishers available

| 1. | F.Davies | Liverpool H. | 25.01 |
| :---: | :---: | :---: | :---: |
| 2. | D. Murphy | " | 25.18 |
| 3. | R.Fowler. | Moorlands A.C. | 25.23 |
| 4. | G.Harvey. | " | 25.27 |
| 5. | L. Carroll | Wirral A.C. | 25.29 |
| 6. | B. Renshall | Liv.Pemb。A.C. | 25.33. |
| 7. | B.Aspden | Salford H. | 25.57 |
| 8 | D.Ashe | Moorlands | 26.04 |
| 9. | M.Flynn | Liv Pemb A.C. | 26.08 |
| 10. | C.Johnson | Sutton H. | 26.10 |
| 11. | P.Roberts | Liv Pemb A.C. | 26.18 |
| 12. | D. Lindsey | Wirral | 26.18. |
| 13. | S.Curran | Salford H. | 26.22 |
| 14. | T. Harper | Wirral A.C. | 26.26. |
| 15. | P.Morris | M \& D | 26.29 |
| 16. | D.Gaynor | Liv Pemb A.C. | 26.37 |
| 17. | D. Watson | Wirral AoC. | 26.42 |
| 18. | P.Malcomson. | Liv Pemb A.C. | 26.4 .8 |
| 19. | D. Williams | " | 26.55 |
| 20. | A.Walsham | Salford(Vet) | 26.56. |
| 21. | D. Barnes | Wirral A.C. | 27.00 |
| 22. | J.Crehan | Sutton H \& AC | 27.06 |
| 23. | F.Rimmer | H | 27.06 |
| 24. | G.Williams | Wirral A.C. | 27.08 |
| 25. | S.Clegg | Salford H. | 27.16 |

