### Birkenhead Park "5" – 1972 to 1976

Four laps of the Lower Park carriage way and Ashville Road, anti-clockwise with the start and finish on Cannon Hill, the highest point of the Lower Park.

The distance was 5.2 miles - 60 seconds over 5 miles at 5 min mile pace

The results for 1976 are incomplete, only the first 25 names and times have survived.

#### BIRKENHEAD FESTIVAL OF SPORT

## Five Mile Road Race - 19th July 1972

	RESUL	TS:		Time:
1	R.	Brown	Pembroke A.C.	25-07
		Adams	City of Stoke A.C.	-11
3	D.	Watson	Wirral A.C.	-14
2345578	ā.	Leigh	Salford A.C.	-22
7	В.	Renshall	Pembroke A.C.	-27
5	J.	Myatt	Wirral A.C.	-33
7	J •	Balmer	Pembroke A.C.	-33 -36
0	w.	Newport	Mid-Cheshire A.C.	26-05
9	M.	Martin	N.Belfast Harriers	-08
10		Farrell	Liverpool H.& A.C.	-17
				-29
11		Phipps	Mid-Cheshire A.C.	-48
12		Flatman	Wrexham A.C.	-56
13		Howard	Wirral A.C.	27-05
14		Malcolmson	Pembroke A.C.	27-05 -06
15 16		Johnson	City of Stoke A.C.	-21
10		Flynn	Waterloo A.C.	-21
17		Lockley	Wallasey A.C.	-25
18		Durack	City of Stoke A.C.	-30
19		Evans	Waterloo A.C.	<b>431</b>
20		Lawson	Manchester & D.L.C.H.	-40
21	D.	Reid	Pembroke A.C.	-47
22		Jeffs	Wirral A.C.	-50
23		Minshull	Manchester & D.L.C.H.	
24		Brimmage	Wallasey A.C.	28-05
25		Rigby	Pembroke A.C.	-14
26	J.	Lockey	City of Stoke A.C.	-16
27	В.	<b>Adams</b>	Mid-Cheshire A.C.	-18
28	R.	Warburton	Wallasey A.C.	-18
29	G.	Williams	Wirral A.C.	-26
30	S.	Smith 1st Vet	Pembroke A.C.	-33
30 31	J.	Sumsion	Wirral A.C.	-39
32	J.	Candlin Cottier	Unattached	-42
33	S.C.	Cottier	Waterloo A.C.	29-03
34	S.	Graham	Liverpool H.& A.C.	-08
35		Weatherhead	Wirral A.C.	-13
36	K.	Hall 2nd Vet		-18
		Baker	Unattached	-29
38	P.	Evans	Waterloo A.C.	-33
	J.M.		Wirral A.C.	-43
40	М.	O'Briery	Wrexham A.C.	-49
41	G.		Wallasey A.C.	-54
42	J.	McCarthy	R.A.F. Valley	30-12
	A.J.	Coleman	Wirral A.C.	-20
44	G.	Babbidge	그 그 그 아이가 그게 살아가고 하는 안 되었다.	-21
45	P.	Keeley	Wrexham A.C. Wrexham A.C.	-26
		SERVICE TO	WI CAHAM A.O.	
46.		Knowles	Waterloo A.C.	30-34
47		Allman	Mid-Cheshire A.C.	-48
48	N.	Ashcroft	ontition H.	-56
49	C.	Hollingsworth	Pembroke A.C.	31-05
50	L.	Durkin	Wallasey A.C.	-14
51	P.	Keeling	Hallamshire H.	-28
52	T.	Carroll	Flints Coll. Tech.A.C.	-34
53	G.E.	Deffee	Unattached	-34
54	R.	Salisbury	Wirral A.C.	-38
55		Baldwin	Wrexham A.C.	<b>-</b> 53
56		Wallace	Wirral A.C.	32-45
57		Lynch	Wallasey A.C.	33-22
57 58	D.		Wallasey A.C.	34-07
59	W.	Smith	Birkenhead T.C.	39-36
60		Swann	Waterloo A.C.	
00	I R.	Hewson	Wallasey A.C.	} 41-44

					ENTERNA DE LA COMPANIA DEL COMPANIA DE LA COMPANIA DEL COMPANIA DE LA COMPANIA DE		1		
	I.,	F. Dayies	L'pool H.	24.23	41.		Dooling	L'pool H.	28.26
	2.	P.J. Carey	" 11	33	42.	P.	Humphroys	Wirral	38
	3.	P. Waddington	11	36	43.	M.	Dow	Lancs. Cons.	43
	4.	J. Norman	Altrincham	42	44.	P.	Evans	Waterloo	53
	5.	A. Blinston	11	47	45.	D.	Ellison	Keswick	29.09
	6.	M. Critchley	Cardiff	50	46.	P.	Weatherhead	d Wirral	18
	7.	J. McLoughlin	Sutton	52	47.		Hall	4	32
	8.	A. Adams	C.of Stoke	25.04	48.		Forster	11	38
	9.	D. Blakeley	M & D.	10	49.	-	Konna	"	38
	10.	L. Carroll	Wirral	11	50.		Jeffs		38
	11.	M. Absolom	C. of Stoke	50	51.		Stobbs		54
	12.	K. O'Toole	L. Pemb.	59	52.		Keeley	Wroxham	30.02
	13.	D. Watson	Wirral	26.02	53.		Knowles	Waterloo	80
	14.	R.Brown	L. Pemb.	04	54.	0000000	Coleman	Wirral	19
	15.	T. Harper	Wirral	14	55.		Carroll	Wrexham	20
	16.	J. Alcock	11	26	56.		Prescott	Sutton	. 25
	17.	P. Malcolmsom	L. Pem.	38	57.		Flanagan	Bristol	. 38
	18.	J. Crehan	Sutton	41	58.	10000	Martin	L'pool Poly	31.28
	19.	D. Evans	Waterloo	43	59.		Baldwin	Wrexham	30
	20.	B. Woods	Sefton	47	60.	7000	Massey	Sutton	32
	21.	D. Gaynor	L. Pemb.	50	61.		Wilkinson	L'pool Poly	36
	22.	M. Flynn	Waterloo	50	62.		Harlow		36
	23.	P. Howard	Wirral	55	63.			rth L'pool Pem.	
	24.	A. Rydout	Altrincham	27.01	64.		Stroud	Wallasey	32.17
	25.	R. Walker	L. Pemb.	02	65.		Brady	L'pool Pom	24
	26.	J. Salt	Rochdale	07 .	66.		Macken	L&Pool H.	29
	27.	B. Welch	Winsford	08	67.		Deighton	C.of Stoke	33.02
	28.	D. Reid	L. Pemb.	10	68.		C. Russell	Unatt.	06
	29.	I. Kellie	Keswick	11	69.		Salisbury	Wirral	30
	30.	B. Woolford	Sutton	12	70.		Whitford	St Andrews FC	34.52
	31.	J. Egerton	Winsford	16	71.		Power	Unatt.	35.19
	32.	S. Graham	L'Pool H.	33	72.		Russell	Unatt.	37.46
	33.	T. Baker	Winsford	34	73.		Russell	11	47
	34.	J. Vallance	Sunderland	38	74.	1170000	B.Swann	WaterIoo	41.05
	35.	S. O'Keefe	Sefton '	52	75.	S.	B. James	B'head Pk RFC	48.25.
	36.	T. Reilly	L'pool Poly.		1				
	37.	D. Walton	Altrinoham	59					
4	38.	D. Shallcross	Wirral	28.00					
1	39.	S. Smith	L'pool Pem.	08					
	40.	D. Baker	Wirral	26.					
	40.	D. Dunor							

First veteran over 40 years was Joe Salt ( Rochdale ) and First Veteran over 50 years, Ken Hall ( Wirral ).

Many thanks to all competitors for making the race a success. I hope that you enjoyed what proved to be from my viewpoint a real burn-up. I'm sure that you will agree that the closed circuit helps tremendously and I thank the Parks Police for helping us in this. Please do not hesitate to criticise the organisation, I am solely responsible for this and will do all to ensure that criticisms are dealt with and errors not repeated in 1974. Possibly the changing rooms are getting a little cramped and this will be reviewed.

N.E.M.

#### BIRKENHEAD FESTIVAL OF SPORT

#### WIRRAL ATHLETIC CLUB

#### BIRKENHEAD PARK FIVE

#### Wednesday 22nd May 1974

1.P. Waddington Liverpool H	.24.49	28. D.Shalleross	Wirral 28.05
2.F.Davies "	.58	29.B.Flanagan	Sefton .08
3.D.Evens	25.07	30. M.Fidgett	Aston U13
4.M. Absolom City of Stoke	.13	31. B.Woolford	Sutton .16
5.A.Adams "	.15	32. P.Forster	Wirral .27
6.A.Dean "	.23	33. J.Wright	Wallasey .27
7.C. Johnson Sutton	.37	34. S.Smith	L.Pemb. 29.00
8.P.Kennedy L'pool H.	26.16	35. D.Baker	Wirral .13
9.P.Whiteman Cty Stoke	.17	36. N.Wilson	Sefton .20
10.P. Malcolmson L'pl Pemb.	.28	37. D.Smith	M/e Univ .24
11.M.Dooling L'pool H.	.30	38. M.Travis	Sefton .31
12.M.Flynn Waterloo	.30	39. A. Warlow	Lpl Poly .37
13.M.Peck Aston Univ.	.36	40. I.Adams	•45
14.P. Howard Wirral	.40	41. T.Prescott	Sutton 30.29
15.D.Reid L'Pl Pembroke	.43	42. M. Foschi	Frodsham .39
16.J.Alcock Wirral	•45	43. J.Lynch	Wallasey .43
17.C.Simpson Aston Univ.	.52	44. K.Peeney	Lpl Pemb54
18.K.Burrell L'pool H.	•54	45. M.Stobbs	Wirral 31.10
19.R. Walker L'pl Pembroke	27.03	46. J.Russell	L.Bndry .47
20.A.Barlow Wirral	.07	47. B.Hughes	Lpl Pemb 33.40
21.J.P.Egerton Winsford	.09	48. T.Deighton	C.Stoke 34.39
22.D.Jeffs Wirral	.12	49. J.Gibson	Wirral .52
23.T.Baker Winsford	.20	50. E. Wallace	" 35.22
24.P. Weatherhead Wirral	.25	51. M.Russell	L.Bndry 36.53
25.P.Montgomery Sefton	.28	52. P.Russell	" 39.53
26.V.Proudlove Winsford	• 37	53.J.Swann	Waterloo 43.31
27.M.Morrell Wirral	28.03		

lst	Veteran (over 40)	C.J.Simpson	Aston University
2nd	Veteran "	M.E.Morrell	Wirral A.C.
lst	Junior (under 20)	R.E.Walker	Liverpool Pembroke
Lst	Birkenhead Resident	P.L.Howard	Wirral A.C.

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Intermediate times:-
Lap 1. 6min 12sec (Group of about twelve)
Lap 2. 12min 16sec (F.Davies about 30m clear of six)
Lap 3. 18min 36sec (F.Davies about 10m clear of P.Waddington)
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Thank you for your support. I hope you enjoyed the outing and that you will be back again next year. Watch out for details in A.W.

49. P. Dunn (C) L'pool H.

Ta Hoffvoy

## EDNESDAY 4TH JUNE 1975

2. II 3. G 4. II 5. II 6. II 7. II 8. II 10. II 11. II 12. G 13. G	F. Davies R. Hill G. Taylor R. Harrison P. Waddington R. Brown P. Lindsell A. Farrell P. Malcolmson B. Baldaro R. Barlow G. Crehan G. Davies P. Howard G. Sinkinson F. Baker	L'pool H. Bolton U.H. Small Heath L'pool H. "" L'pool Pem. Salford L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral Salford H.	24.24 35 42 25.09 30 32 34 38 40 43 26.00 03 08	50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60.	M. Travis K. Macken D. Swinnock E. Newport(V) G. Claff J. Wright(V) J. McAloon (V) I. McDonagh M. Stobbs W. Holmes (V) J. Proctor L. Doyle	Sefton H. Winsford Chester L'pool Pem. Salford Wallasey L'pool Pem. Caithness Wirral L'pool Pem Preston AC Wirral	20
3. (4. H 5. H 6. H 7. H 8. H 9. H 10. H 11. H 12. (3. (4. H	G. Taylor R. Harrison P. Waddington R. Brown P. Lindsell R. Farrell P. Malcolmson R. Baldaro R. Barlow G. Crehan G. Davies P. Howard G. Sinkinson R. Baker	Small Heath L'pool H. "" L'pool Pem. Salford L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	42 25.09 30 32 34 38 40 43 26.00 03 08	51. 52. 53. 54. 55. 56. 57. 58. 59.	<ul> <li>K. Macken</li> <li>D. Swinnock</li> <li>E. Newport(V)</li> <li>G. Claff</li> <li>J. Wright(V)</li> <li>J. McAloon (V)</li> <li>I. McDonagh</li> <li>M. Stobbs</li> <li>W. Holmes (V)</li> <li>J. Proctor</li> </ul>	Chester L'pool Pem. Salford Wallasey L'pool Pem. Caithness Wirral L'pool Pem Preston AC	38 45 47 30.06 07 16 18 19 20 20
4. If 5. If 6. If 7. If 8. If 9. If 10. If 11. If 12. If 13. If 14. If 1	R. Harrison P. Waddington R. Brown P. Lindsell A. Farrell P. Malcolmson B. Baldaro R. Barlow G. Crehan G. Davies P. Howard G. Sinkinson R. Baker	L'pool H. "" L'pool Pem. Salford L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	25.09 30 32 34 38 40 43 26.00 03 08	51. 52. 53. 54. 55. 56. 57. 58. 59.	E. Newport(V) G. Claff J. Wright(V) J. McAloon (V) I. McDonagh M. Stobbs W. Holmes (V) J. Proctor	L'pool Pem. Salford Wallasey L'pool Pem. Caithness Wirral L'pool Pem Preston AC	45 47 30.08 07 16 18 19 20 20
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5. 16. 17. 18. 19. 11. 11. 11. 11. 11. 11. 11. 11. 11	R. Brown P. Lindsell A. Farrell P. Malcolmson B. Baldaro R. Barlow J. Crehan G. Davies P. Howard M. Sinkinson R. Baker	L'pool Pem. Salford L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	30 32 34 38 40 43 26.00 03 08	53. 54. 55. 56. 57. 58. 59. 60.	G. Claff J. Wright(V) J. McAloon (V) I. McDonagh M. Stobbs W. Holmes (V) J. Proctor	Salford Wallasey L'pool Pem. Caithness Wirral L'pool Pem Preston AC	30.08 07 16 18 19 20 20
6. II 7. II 8. II 10. II 11. II 12. II 13. (1	R. Brown P. Lindsell A. Farrell P. Malcolmson B. Baldaro R. Barlow J. Crehan G. Davies P. Howard M. Sinkinson R. Baker	Salford L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	32 34 38 40 43 26.00 03 08	54. 55. 56. 57. 58. 59.	J. Wright(V) J. McAloon (V) I. McDonagh M. Stobbs W. Holmes (V) J. Proctor	L'pool Pem. Caithness Wirral L'pool Pem Preston AC	07 16 18 19 20 20
8. 4 9. 1 10. 1 11. 1 12. 4 13. (1	A. Farrell P. Malcolmson B. Baldaro C. Barlow J. Crehan Davies P. Howard J. Sinkinson Baker	L'pool H. L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	34 38 40 43 26.00 03 08	55. 56. 57. 58. 59.	J. McAloon (V) I. McDonagh M. Stobbs W. Holmes (V) J. Proctor	L'pool Pem. Caithness Wirral L'pool Pem Preston AC	16 18 19 20 20
8.	P. Malcolmson B. Baldaro C. Barlow J. Crehan J. Davies P. Howard J. Sinkinson B. Baker	L'pool Pem. Tipton H. Sutton H. "" Small Heath Wirral	38 40 43 26.00 03 08	56. 57. 58. 59. 60.	I. McDonagh M. Stobbs W. Holmes (V) J. Proctor	Caithness Wirral L'pool Pem Preston AC	19 20 20
10. II 11. II 12. II 13. II	B. Baldaro C. Barlow J. Crehan J. Davies P. Howard J. Sinkinson Daker	Tipton H. Sutton H. "" Small Heath Wirral	43 26.00 03 08	57. 58. 59. 60.	M. Stobbs W. Holmes (V) J. Proctor	L'pool Pem Preston AC	20
10. II 11. II 12	A. Barlow J. Crehan J. Davies P. Howard J. Sinkinson J. Baker	Sutton H. "" Small Heath Wirral	26.00 03 08	58. 59. 60.	W. Holmes (V) J. Proctor	Preston AC	20
12. d 13. d 14. l	J. Crehan J. Davies P. Howard J. Sinkinson J. Baker	Small Heath Wirral	03	59· 60.	그래마다 아이네요건말라면 다면 생생이 그게 !!		
13. (	G. Davies P. Howard G. Sinkinson G. Baker	Small Heath Wirral	6 08	60.	L. Doyle	Winnel O. T.	
13. (	P. Howard M. Sinkinson M. Baker	Wirral				MITTIGIT	25
14.	4. Sinkinson 6. Baker		12		J. Russell	L'pool B.	27
	4. Sinkinson 6. Baker	Salford H.		62.	I. Neale	Southport	- 30
1).	Baker ()		23 15	63.	T. Finnegan	Winsford	31
		Winsford	38 66	64.	T. Prescott(V)	Sutton H.	39
	. Harper	Wirral .	18 32	65.	K. Delaney	Southport	45
	A. Flynn (b)	L'pool Pem.	58 36	66.	A. Coleman	Wirral	and the same of th
	A. Barlow	Wirral	52	67.	A. Dickenson	U/A formation	
	. Weatherhead	W. Claff:	07 53	68.	E. Williams	Southport	03
3-25	). Shalleross	more relation	56	69.		V) L'pool P.	05
	. Lindesay	Fr Walde of	ST 58	70.	W. Sage deed	Winsford	24
	I. Foschi	Frodsham	27.06	71.	J. Shepherd	Clayton	- 25
	3. Woods	Sefton	80 74	72.	A. Knowles(V)	Sefton	32
William .	. Jackson	Wirral .	22 75	73.	D. Dee Lattill	Southport	40
100	I. Edwards	Wrexham	24	74.	R. Salisbury(V)	Wirral	40
	C. O'Tocle	L'pool Pem.	26	75.	J. Candlin	L'pool B.	48
	O. Clague	5)Watmasa	28	76.	B. Hughes	L'pool Pem.	32.14
	. Doggett (V)	Salford	er 37	77.	A. Ball (V)	H TOWER W	- 32
	R. Williams	L'pool Pem.	.08 46	78.	K. Mawdsley(V)	i. Johnston (C)	53
0.757	B. Dobson	Leeds C.	.18 48	79.	E. Williams	Sefton	33.05
	D. Baker	Wirral	- 58 50	80.	P. Shilleto(V)	L'pool Pem.	27
	C. Jarvis	Southport	. 88 51	81.	E. Wallace(V)	Wirral	34.07
A STATE OF THE PARTY OF THE PAR	r. Vallance	Sunderland	52	82.	G. Woods(V)	L'pood Pem.	16.
	K. Hall (V)	Wirral	- 88 54	83.	R. Foulds	Wirral	19
	. Montgomery	Sefton H.		84.	J. Winrow (V)	. Doweon n	23
	M. Weston	Wrexham		85.	J. Dawden	L'pool B.	35.26
	Carragher	L'pool Pem		86.	J. Reay	I. Domes A\U	28
	R. Kernighan(V)	restligated %fl		87.	M. Russell	L'pool B.	36.21
	R. Brimage	Wallasey		88.	P. Russell(V)	u dboff .	37.36
	B. Woolford	Wirral	.re 38	89.	W. Smith	B'head.	39.14
40.00	. Hodgins	Unatt.	. 99 46	90.	R. Scammell(V)	Wirral	41.03
	R. Mathews	L'pool Pem.	. 88 54	91.	J. Swann(V)		43.16
	I. Cranny	Wirral	12.	92.	J. Charnock	Sefton	46.31
	. Hyland	Southport	29.08	To the second se			
			7.77		and the same of the same	due to a manufacture of	- 15 E
47.	R. Johnson J. Riley	Wirral	24	no eo	nois age sing of	INA CHARLET S	in the second
48.	1 11 11 (11)	Itmaal Dom	28		estomit edt af to s joman a lo so	the pile of the first find the second of the second	

First Wirral Resident. P. Howard - 14th. Veterans. 0/40. G. Doggett. 0/45. R. Kernighan 0/50. K. Hall

## BOYS AND COLTS RACE

-			Address of the second second second second							
	1.	I.	McEvoy	L'ppol H.	13.14	48.	R.	Asquith	Wirral	15.28
	2.	M.	Brady	Pembroke	17	49.	P.	Dunn (C)	L'pool H.	29
	3.	M.	Tunstall	Wirral	27	50.	P.	Smith(C)	L. Boundary	30
	4.00	A.	Twizell (C)	L'pool H.	29	51.	N.	Malone	Pembroke	31
	5.	P.	1.5	Pembroke	-0.41	52.		Shilleto	Pembroke	32
	6.	S.	Kernighan	D. Suismollic	51	53.		Kornighan		- 33
	7.	D.	Stewart	Calday	14.02	20 54.		Young(C)	Calday GS	33
	8.	M.	McAllister	L'pool H.	02	55.	T.	The state of the s		35
	ALL MARKS THE REAL PROPERTY.	D.	Everett		07	56.		Warren(C)	Winsford	39
	9.			S.F.X.		The state of the s		Rice '	Pembroke	44
	10.		Warren	Winsford	09	57.		Coan(C)	nioroke	45
	811.	D.	THE COLUMN TWO IS NOT THE TAXABLE PARTY.	Woodchurch	. 3 13	58.				
	12.	D.		L'pool H.	16	04 59.	D.		Wirral	46
	13.	A.	THE RESERVE OF THE PARTY OF	Calday	20	60.		Gerrity(C		47
	14.		Allen (C)	L'pool H.	28	00-61.		O'Neill(C)		49
	15.	D.	Jackson(C)	PrestonAC	0030	62.		Murphy(C)	J. Grebanu	- 50
	16.	A.	Holmes	L'pool H.	32	63.		Moore(C)	Sutton Comp.	- 52
	17.	P.	Hughes	L. Boundary	.5833	\$1 64.	В.	Yates	L'pool Bound	
	18.		Peterson	Pembroke	35	65.		Swarbrick		54
	19.	J.	Allen (C)	L'pool H	. 136	66.	J.	Slade-Jone	es(C) Frodsham	- 55
	20.	М.		Wirral W	37	67.	A.	Wilson(C)	T. Harmer	16.00
	21.		Newton	L'pool H.	42	68.	K.	Bontley(C)	Calday G.S.	ol
	22.			methodoid . A	43	69.		The state of the s	l(C) Wirral.	04
	23,		Speers	americity of	45	70.		Clarke	St Anselms	09
	24.	P.			48	71.			(C)Calday GS	13
		K.		Pembroke	50	72.		Walsh (C)	L'pool H.	20
	25.	-			54	33.		Montgomer		23
	26.	A .				74.		Black(C)	Sutton Comp.	30
	27:	М.	Holland(C)	Pembroke	57	75.		Corfield	Wirral	35
	28.	C.	Commence of the Commence of th	Wirral	58			O'Brien(C)		37
	29.		Gordon	Preston AC	15.00	76.			Frodsham	
	30.		O'Connor	Pembroke	02	77.		Hunt(C)		48
	31.		Barry	L'pool H.	04	78.		Smith(C)	L.Boundary	49
	32.	A.	Power	Wirral	06	79.	A. 25. 18.05	Griffiths		52
	33.	N.		L'pool H.	10	80.		Adams(C)	Wirral AC	-1.0-
	34.	R.	Perkins	Sutton Comp.	- 214	81.	1000	Murray	L. Boundary	
	35.	R.	Kennah	P. Malilan	15	82.	М.		(C) Frodsham	
		A.	Jones(C)	L'pool H.	16	83.		Hieris	L. Boundary	12
	37.	A.	Mackay(C)	L (Wabook -D	17	S 84 •	R.	Hutton(C)	Preston AC	14
	-323		Hunt	Frodsham		85.	N.	Tunstall(	C)Wallasey	28
			Dowson	L. Boundary		86.	В.	Green(C)	L.Boundary	32
			Evans	L'pool H.		87.	G.	Adelsberg	(C) thorasil as	- 33
			Downes(C)	Sutton Comp.		88.	В.	Gorman(C)	Pembroke	- 45
			Marsden(C)	Pembroke		0 89.			C)St.Anselms	
			Rees	Calday		90.			t. Brimere	
			Quinn	Wirral	22	88 91.			C)L. Boundary	
				Pembroke		92.		Smith(C)	Birkenhead	
				(") messe . L	22	93.			twedeatt at	
			Hatton(C)		23		-		(, Cranmy	
	41.	V.	OSTGMETT(C)	Sutton Comp.	23	29,08	50	Southpon	. Hyland	454
						100	100			

# JUNE 9th, 1976

# Only first 25 finishers available

1.	F.Davies	Liverpool H.	25.01
2.	D. Murphy	•	25.18
3.	R. Fowler.	Moorlands A.C.	25.23
4.	G. Harvey.	•	25.27
5.	L.Carroll	Wirral A.C.	25.29
6.	B.Renshall	Liv.Pemb.A.C.	25.33.
7.	B. Aspden	Salford H.	25.57
8	D.Ashe	Moorlands	26.04
9.	M.Flynn	Liv Pemb A.C.	26.08
10.	C.Johnson	Sutton H.	26.10
11.	P.Roberts	Liv Pemb A.C.	26.18
12.	D.Lindsey	Wirral	26.18.
13.	S.Curran	Salford H.	26.22
14.	T.Harper	Wirral A.C.	26.26.
15.	P.Morris	M & D	26.29
16.	D. Gaynor	Liv Pemb A.C.	26.37
17.	D.Watson	Wirral A.C.	26.42
18.	P. Malcomson.	Liv Pemb A.C.	26.48
19.	D. Williams		26.55
20.	A. Walsham	Salford(Vet)	26.56.
21.	D. Barnes	Wirral A.C.	27.00
22.	J.Crehan	Sutton H & AC	27.06
23.	F.Rimmer	•	27.06
24.	G.Williams	Wirral A.C.	27.08
25.	S.Clegg	Salford H.	27 <b>.16</b>