

BIRKENHEAD PARK ROAD RACES June 8th, 2005

Sponsored by Urenco (Capenhurst) Ltd

The Open 5 Mile Race is listed in the centre pages
The Womens race is also separately listed in the back page with age group course records

U12 and U13 Boys and Girls

| | | | | | | | | | |
|----|-----|--------------------|------------|------|----|-----|------------------|------------|-------|
| 1 | U12 | Dan McNiffe | Liverpool | 5.13 | 52 | U12 | Roy Ainsley | unattached | 7.12 |
| 2 | U12 | Joe McGee | Wallasey | 5.14 | 53 | U12 | John Paul Holmes | unattached | 7.12 |
| 3 | U13 | Shaun Egan | Wirral | 5.15 | 54 | U12 | Clare Duckers | Wirral | 7.16 |
| 4 | U13 | Michael Bush | Liverpool | 5.15 | 55 | U12 | Emily Daly | unattached | 7.16 |
| 5 | U13 | Andrew Gawne | Wirral | 5.23 | 56 | U13 | Dale Dunbar | Gladiators | 7.19 |
| 6 | U13 | Connor Mcardle | Wirral | 5.23 | 57 | U12 | W Holmes | unattached | 7.22 |
| 7 | U12 | Stephen Simpson | Wirral | 5.26 | 58 | U12 | Zoe Austin | Wirral | 7.24 |
| 8 | U12 | Tom Fraine | Wirral | 5.28 | 59 | U12 | Chelsea Baxter | Wirral | 7.31 |
| 9 | U13 | Chris Bush | Liverpool | 5.28 | 60 | U12 | Liam Inman | unattached | 7.32 |
| 10 | U13 | Chris Cooper | Wirral | 5.29 | 61 | U12 | Jack Cliff | unattached | 7.34 |
| 11 | U12 | Zoe Woodward | Liverpool | 5.30 | 62 | U12 | Charlie Dunbar | Gladiators | 7.52 |
| 12 | U12 | Dan Hyland | Liverpool | 5.31 | 63 | U12 | Becky Casey | Gladiators | 8.00 |
| 13 | U13 | Megan Davies | Liverpool | 5.35 | 64 | U12 | Mike Hughes | Gladiators | 8.02 |
| 14 | U12 | Adam Brighthouse | Colwyn By | 5.36 | 65 | U12 | James Inman | unattached | 8.02 |
| 15 | U13 | Luke Proudfoot | Wirral | 5.38 | 66 | U12 | Charlie Kelly | Gladiators | 8.04 |
| 16 | U12 | Lauren Towers | Liverpool | 5.46 | 67 | U12 | Jack Cox | Gladiators | 8.10 |
| 17 | U13 | Jon-Philip Seymour | Wirral | 5.47 | 68 | U12 | Alex Kenna | unattached | 8.27 |
| 18 | U12 | Anna Schumacher | Liverpool | 5.48 | 69 | U12 | Charlie O'Lock | Gladiators | 8.28 |
| 19 | U13 | James McCall | Wirral | 5.50 | 70 | U12 | Brieanna Hughes | Gladiators | 8.34 |
| 20 | U13 | Eamon Forster | Wirral | 5.51 | 71 | U13 | Claire McCarten | Colwyn By | 8.39 |
| 21 | U12 | David Russell | Liverpool | 5.52 | 72 | U12 | Ellie Moore | unattached | 8.46 |
| 22 | U12 | Ben Costello | Calday G | 5.55 | 73 | U13 | Robert Cullen | Gladiators | 8.51 |
| 23 | U12 | Chelsea Ierston | Liverpool | 5.55 | 74 | U12 | Joseph Baxter | unattached | 9.49 |
| 24 | U13 | Rachel Patterson | Wirral | 5.56 | 75 | U12 | Terry O'Toole | Gladiators | 10.16 |
| 25 | U12 | Davis Brockway | Wirral | 5.58 | 76 | U12 | Chloe Smith | Gladiators | 12.00 |
| 26 | U12 | Liam Holebrook | Wirral | 6.02 | | | | | |
| 27 | U12 | Michael Sullivan | Wirral | 6.03 | | | | | |
| 28 | U12 | Amy Fairclough | Liverpool | 6.03 | | | | | |
| 29 | U12 | Joe Madden | Wirral | 6.04 | | | | | |
| 30 | U12 | Luke Towers | Liverpool | 6.07 | | | | | |
| 31 | U12 | Poppy Lang | Liverpool | 6.07 | | | | | |
| 32 | U12 | Brian Murphy | Gladiators | 6.07 | | | | | |
| 33 | U12 | Michael Williams | Liverpool | 6.09 | | | | | |
| 34 | U13 | Matthew Williams | Wirral | 6.10 | | | | | |
| 35 | U12 | Jessica Schofield | Wirral | 6.12 | | | | | |
| 36 | U13 | Rory Lott | Wirral | 6.12 | | | | | |
| 37 | U12 | Andrew Caldwell | Liverpool | 6.13 | | | | | |
| 38 | U12 | Hannah Whiteside | Liverpool | 6.14 | | | | | |
| 39 | U13 | Joe Fennally | Wirral | 6.15 | | | | | |
| 40 | U12 | Anthony McIntosh | Wirral | 6.16 | | | | | |
| 41 | U12 | Luke Jackson | Warrington | 6.27 | | | | | |
| 42 | U12 | Katie Duckers | Wirral | 6.31 | | | | | |
| 43 | U13 | Charly McInnes | Wirral | 6.37 | | | | | |
| 44 | U13 | Stephanie Davies | Colwyn By | 6.37 | | | | | |
| 45 | U12 | Lauren Nagle | Wallasey | 6.42 | | | | | |
| 46 | U12 | Chris Hughes | Gladiators | 6.44 | | | | | |
| 47 | U12 | Steven Siddorn | Gladiators | 6.46 | | | | | |
| 48 | U13 | Jonathon Hunter | Liverpool | 6.50 | | | | | |
| 49 | U12 | S Ainsley | unattached | 6.51 | | | | | |
| 50 | U12 | Ben Macwhinnie | Gladiators | 7.01 | | | | | |
| 51 | U12 | Jaimey Kenna | unattached | 7.10 | | | | | |

U15 Boys and Girls

| | | | | |
|----|---|------------------|------------|-------|
| 1 | M | Tom Madden | Wirral | 10.43 |
| 2 | M | Stephen Duckers | Wirral | 11.05 |
| 3 | M | Andrew Campbell | Wirral | 11.55 |
| 4 | M | Joe Alkins | Wirral | 12.23 |
| 5 | M | Callum Maxwell | Wirral | 12.35 |
| 6 | F | Gemma Lawlor | Wirral | 12.36 |
| 7 | M | Tom Hyland | Liverpool | 13.19 |
| 8 | F | Rebecca Hannah | Wirral | 13.24 |
| 9 | F | Alicia Ierston | Liverpool | 13.27 |
| 10 | F | Stephanie Edge | Wirral | 13.33 |
| 11 | M | Michael Brockway | Wirral | 13.54 |
| 12 | M | Luke Formston | Gladiators | 13.54 |
| 13 | F | Rosie Jones | Wirral | 14.00 |
| 14 | M | Natt Jones | Gladiators | 16.45 |
| 15 | M | Michael Ferguson | unattached | 17.36 |

BIRKENHEAD PARK FIVE

June 8th, 2005

Women are also listed separately on the back page

Leaders Mile Times:

4.56 / 4 49.4 / 4 48.6 / 4 45.2 / 4 46.2

New course record for M60 by John Cottrell (Wallasey AC) 29.50

| | | | | | | | | | |
|----|---------------------|---------|------|-------|----|-------------------|----------|------|-------|
| 1 | McGlory P | LivH | M | 24.05 | 49 | Smith J | Unattd | M50 | 32.21 |
| 2 | James Boardman | LPS | M | 24.11 | 50 | Gemma Connolly | Unattd | F | 32.21 |
| 3 | Heap J | Hallam | M | 24.51 | 51 | Pat Riley | Wallsy | M | 32.31 |
| 4 | Mellor J | LivH | MU20 | 25.19 | 52 | Cain C | Unattd | M40 | 32.32 |
| 5 | Richard Shearer | LHAC | M | 25.48 | 53 | Fox S | Wirral | M | 32.33 |
| 6 | Simon McKeivitt | LHAC | M | 25.49 | 54 | Pratten N | Wirral | M60 | 32.40 |
| 7 | Tony O'Brien | Unattd | M | 25.54 | 55 | John Daniels | Helsby | M50 | 32.41 |
| 8 | J Parkinson | LHAC | M40 | 25.56 | 56 | Mark Young | LRC | M | 32.47 |
| 9 | Glen Groves | LHAC | M | 26.13 | 57 | Dave Walton | Wallsy | M50 | 32.58 |
| 10 | Michael Stanley | Wallsy | M40 | 26.27 | 58 | Carpenter P | Unattd | M40 | 32.58 |
| 11 | Ian Maguire | LRC | M | 26.42 | 59 | Andy Roberts | Unattd | M | 33.23 |
| 12 | Phil Davis-Peerless | Wirral | M | 26.43 | 60 | Natalie Cheers | LRC | F | 33.24 |
| 13 | Adam Peers | Wirral | MU20 | 27.06 | 61 | Craig K | LttlwdRC | M40 | 33.25 |
| 14 | Ray Cole | LHAC | M40 | 27.07 | 62 | Fiona Wright | MssHAC | F35 | 33.26 |
| 15 | Potts C | LivRC | M | 27.09 | 63 | Susan Cain | Penny L | F45 | 33.28 |
| 16 | David Norman | Helsby | M45 | 27.10 | 64 | Geoff Shaw | Helsby | M50 | 33.29 |
| 17 | Mark Hulmsten | Wirral | M | 27.11 | 65 | Sarah Cheetham | Unattd | F | 33.46 |
| 18 | Ian Cooper | EllesPt | M40 | 27.27 | 66 | Clarey A | MssHAC | M50 | 33.51 |
| 19 | James Meldrum | LHAC | M | 27.30 | 67 | Graham Jones | Unattd | M40 | 34.02 |
| 20 | Anthony McDevitt | Wirral | M50 | 27.36 | 68 | Thomas N | BkhdAC | M | 34.08 |
| 21 | Peter Scarratt | Wirral | M40 | 27.58 | 69 | Doyle M | LivRC | F50 | 34.10 |
| 22 | John Earlston | Abrgle | M40 | 28.00 | 70 | Baggaley H | Unattd | M50 | 34.11 |
| 23 | Devoy A | Wirral | M45 | 28.15 | 71 | Shaun Lewis | Unattd | M40 | 34.13 |
| 24 | Robbie McKeever | Unattd | M | 28.26 | 72 | Alisdair Wilson | Wirral | M | 34.32 |
| 25 | David Edwards | LRC | M40 | 28.31 | 73 | Francis McHale | Tattnhll | M55 | 34.35 |
| 26 | Chris Davies | Unattd | M40 | 28.55 | 74 | Andy Pennington | Unattd | M | 34.49 |
| 27 | Jamie Pullin | Wallsy | M | 29.02 | 75 | Paul Brown | Unattd | M | 34.54 |
| 28 | Carl Muise | Wirral | MU20 | 29.24 | 76 | Chris Lamb | Tattnhll | M55 | 35.01 |
| 29 | Darrell Soden | LPS | M50 | 29.35 | 77 | Taylor B | Helsby | M | 35.03 |
| 30 | PeterWeatherhead | Wirral | M50 | 29.47 | 78 | Sue Greene | LRC | F45 | 35.05 |
| 31 | Cottrell J | Wallsy | M60 | 29.50 | 79 | Mike Hallsworth | Helsby | M50 | 35.11 |
| 32 | Keith Hatton | LHAC | M45 | 30.02 | 80 | Carol Shaw | Helsby | F40 | 35.12 |
| 33 | Neil Kerwin | Unattd | M | 30.09 | 81 | Jeannette Fox | Wirral | F40 | 35.15 |
| 34 | McLaughlin K | Unattd | M | 30.18 | 82 | Hannah McManus | LivH | FU20 | 35.15 |
| 35 | Broadfoot S | NVets | M40 | 30.43 | 83 | Simone Capponi | PennyL | M | 35.32 |
| 36 | Ian Palin | LPS | M | 31.04 | 84 | Vanessa Griffiths | Helsby | F40 | 35.33 |
| 37 | Metcalfe A | MssHAC | M50 | 31.12 | 85 | Fennelly I | Unattd | M40 | 35.34 |
| 38 | Connolly J | StaffsH | M | 31.20 | 86 | Pinnington T | Unattd | M40 | 35.50 |
| 39 | Cliff P | Unattd | M | 31.31 | 87 | Les Isaacs | Pensby | M45 | 35.57 |
| 40 | Stephen O'Neill | Unattd | M50 | 31.33 | 88 | Holland J | Unattd | M | 36.23 |
| 41 | Andy Smith | Helsby | M40 | 31.35 | 89 | James Crofts | Unattd | M | 36.23 |
| 42 | Downey J | Wirral | M40 | 31.38 | 90 | Ruddock I | MssHAC | M | 36.26 |
| 43 | Steve Pemberton | Penny L | M50 | 31.52 | 91 | John Vis | S/W AC | M40 | 36.27 |
| 44 | Roberts F | Pensby | M50 | 31.58 | 92 | Lonsdale P | Wallsy | M65 | 36.28 |
| 45 | Paul Forster | Wirral | M45 | 32.01 | 93 | Gen Williams | MssHAC | F50 | 36.31 |
| 46 | Phil O'Rouke | LRC | M40 | 32.03 | 94 | M Whiteside-Ehlen | Unattd | M | 36.36 |
| 47 | Gibbs C | Wirral | M40 | 32.17 | 95 | Carl Robinson | Unattd | M | 36.38 |
| 48 | Taylor M | Helsby | M | 32.19 | 96 | Davies N | Wallsy | F50 | 36.44 |

| | | | | | | | | | |
|-----|--------------------|---------|-----|-------|-----|--------------------|----------|-----|-------|
| 97 | Robbie Webster | Helsby | M60 | 36.47 | 156 | Smith M | LttlwdRC | M | 48.41 |
| 98 | Catherine Nevin | PennyL | F45 | 36.49 | 157 | Julia Howard | Unattd | F40 | 49.39 |
| 99 | Celia Fitzsimmons | STHISut | F55 | 36.52 | 158 | Margaret Fairbairn | Unattd | F45 | 49.39 |
| 100 | Greenwood H | PicRC | M55 | 36.57 | 159 | Roger Lyon | Unattd | M50 | 49.43 |
| 101 | Elson W | Unattd | M55 | 37.14 | 160 | Joyce Elliott | Unattd | F45 | 49.54 |
| 102 | Campbell Gillespie | LRC | M45 | 37.16 | | | | | |
| 103 | Tony Roberts | Unattd | M40 | 37.19 | | | | | |
| 104 | John Crilley | MssHAC | M50 | 37.24 | | | | | |
| 105 | Angela Shurie | LRC | F | 37.26 | | | | | |
| 106 | Robbie McKeeever | Unattd | M | 37.40 | | | | | |
| 107 | Ivor Johnstone | Helsby | M | 37.42 | | | | | |
| 108 | Christine Cutner | S/W AC | F50 | 37.49 | | | | | |
| 109 | Steven MacDonald | Unattd | M | 37.59 | | | | | |
| 110 | Brian Grice | S/W AC | M55 | 38.06 | | | | | |
| 111 | Debra Naden | LRC | F40 | 38.14 | | | | | |
| 112 | Nick Sanderson | Unattd | M | 38.25 | | | | | |
| 113 | Karen Dalby | LHAC | F40 | 38.35 | | | | | |
| 114 | Andy Todd | Helsby | M60 | 38.40 | | | | | |
| 115 | Anne Ferry | LRC | F50 | 38.47 | | | | | |
| 116 | J Krasley | Helsby | F45 | 38.55 | | | | | |
| 117 | Wilmin S | Marconi | M | 39.02 | | | | | |
| 118 | Steve Bonney | S/W AC | M55 | 39.14 | | | | | |
| 119 | G Ferguson | Unattd | M | 39.16 | | | | | |
| 120 | Martin I | Unattd | M | 39.22 | | | | | |
| 121 | Tony Barnes | MssHAC | M50 | 39.29 | | | | | |
| 122 | David Dillon | Unattd | M45 | 39.32 | | | | | |
| 123 | Oakes G | Unattd | M50 | 39.36 | | | | | |
| 124 | Kieron | Unattd | M50 | 39.37 | | | | | |
| 125 | Carson C | PennyL | F50 | 40.00 | | | | | |
| 126 | Greg Smith | Unattd | M | 40.03 | | | | | |
| 127 | Paul Fryer | WestKby | M45 | 40.05 | | | | | |
| 128 | Denorah Woods | LRC | F35 | 40.08 | | | | | |
| 129 | Holmes J | BkhdAC | M50 | 40.17 | | | | | |
| 130 | Quigley P | BkhdAC | M40 | 40.20 | | | | | |
| 131 | Banks A | Unattd | M | 40.24 | | | | | |
| 132 | Tracey Rimmer | Wallsy | F | 40.35 | | | | | |
| 133 | Watson N | MssHAC | F | 40.46 | | | | | |
| 134 | Spencer R | Wirral | M45 | 40.49 | | | | | |
| 135 | Mason S | MssHAC | F | 40.57 | | | | | |
| 136 | Kathleen Rafferty | BknhdAC | F35 | 41.01 | | | | | |
| 137 | Maria Brockway | Wirral | F40 | 41.07 | | | | | |
| 138 | Anthony Brockway | Wirral | M40 | 41.39 | | | | | |
| 139 | Thornton R | Unattd | M60 | 41.42 | | | | | |
| 140 | Oxton M | Wirral | F45 | 42.09 | | | | | |
| 141 | Jonathan Sharps | Unattd | M | 42.10 | | | | | |
| 142 | J Dunne | LPS | M55 | 42.17 | | | | | |
| 143 | Martin K | Unattd | M40 | 42.20 | | | | | |
| 144 | Jonathon Muir | Helsby | M | 43.00 | | | | | |
| 145 | Janet Shaw | Helsby | F50 | 43.33 | | | | | |
| 146 | Hill L | Unattd | F40 | 43.42 | | | | | |
| 147 | J Daley | Penny L | M65 | 43.58 | | | | | |
| 148 | Kevin O'Brien | Penny L | M60 | 44.17 | | | | | |
| 149 | Williams E | NVets | F45 | 44.24 | | | | | |
| 150 | McLoon JPJ | LPS | M70 | 45.32 | | | | | |
| 151 | Lyn Ebbrell | Wirral | F40 | 46.02 | | | | | |
| 152 | Robert Huntbach | Helsby | M50 | 46.08 | | | | | |
| 153 | Dave Grundy | BknhdAC | M55 | 46.47 | | | | | |
| 154 | Monica Brown | Penny L | F60 | 46.52 | | | | | |
| 155 | Norman Grundy | BknhdAC | M60 | 47.57 | | | | | |

Womens Race

The figure in the second column is the position
in the Open Race

| | | | | | |
|----|-----|--------------------|----------|------|-------|
| 1 | 50 | Gemma Connolly | Unattd | F | 32.21 |
| 2 | 60 | Natalie Cheers | LRC | F | 33.24 |
| 3 | 62 | Fiona Wright | MssHAC | F35 | 33.26 |
| 4 | 63 | Susan Cain | Penny L | F45 | 33.28 |
| 5 | 65 | Sarah Cheetham | Unattd | F | 33.46 |
| 6 | 69 | Mary Doyle | LivRC | F50 | 34.10 |
| 7 | 78 | Sue Greene | LRC | F45 | 35.05 |
| 8 | 80 | Carol Shaw | Helsby | F40 | 35.12 |
| 9 | 81 | Jeannette Fox | Wirral | F40 | 35.15 |
| 10 | 82 | Hannah McManus | LivH | FU20 | 35.15 |
| 11 | 84 | Vanessa Griffiths | Helsby | F40 | 35.33 |
| 12 | 93 | Gen Williams | MssHAC | F50 | 36.31 |
| 13 | 96 | Davies N | Wallsy | F50 | 36.44 |
| 14 | 98 | Catherine Nevin | PennyL | F45 | 36.49 |
| 15 | 99 | Celia Fitzsimmons | STHelSut | F55 | 36.52 |
| 16 | 105 | Angela Shurie | LRC | F | 37.26 |
| 17 | 108 | Christine Cutner | S/W AC | F50 | 37.49 |
| 18 | 111 | Debra Naden | LRC | F40 | 38.14 |
| 19 | 113 | Karen Dalby | LHAC | F40 | 38.35 |
| 20 | 115 | Anne Ferry | LRC | F50 | 38.47 |
| 21 | 116 | J Krasley | Helsby | F45 | 38.55 |
| 22 | 125 | Chris Carson | PennyL | F50 | 40.00 |
| 23 | 128 | Denorah Woods | LRC | F35 | 40.08 |
| 24 | 132 | Tracey Rimmer | Wallsy | F | 40.35 |
| 25 | 133 | Watson N | MssHAC | F | 40.46 |
| 26 | 135 | Mason S | MssHAC | F | 40.57 |
| 27 | 136 | Kathleen Rafferty | BknhdAC | F35 | 41.01 |
| 28 | 137 | Maria Brockway | Wirral | F40 | 41.07 |
| 29 | 140 | Maragret Oxton | Wirral | F45 | 42.09 |
| 30 | 145 | Janet Shaw | Helsby | F50 | 43.33 |
| 31 | 146 | Liz Hill | Unattd | F40 | 43.42 |
| 32 | 149 | Williams E | NVets | F45 | 44.24 |
| 33 | 151 | Lyn Ebbrell | Wirral | F40 | 46.02 |
| 34 | 154 | Monica Brown | Penny L | F60 | 46.52 |
| 35 | 157 | Julia Howard | Unattd | F40 | 49.39 |
| 36 | 158 | Margaret Fairbairn | Unattd | F45 | 49.39 |
| 37 | 160 | Joyce Elliott | Unattd | F45 | 49.54 |

Course Records

Mens Race

| | | | | |
|------|-----------------|----------|-------|------|
| Open | Gerry Helme | StHIns | 23.03 | 1983 |
| M40 | Harry Clague | StHIns | 23.58 | 1987 |
| M45 | Mike Girvan | Warr | 24.30 | 1999 |
| M50 | Maurice Morrell | Wirral | 26.27 | 1983 |
| M55 | Ted Isaacs | Wirral | 27.48 | 1992 |
| M60 | John Cottrell | Wallasey | 29.50 | 2005 |
| M65 | Maurice Morrell | Wirral | 33.52 | 2000 |
| M70 | Brian McGuigan | Wirral | 37.49 | 2000 |
| M75 | Geoff Perkins | NVets | 37.46 | 2001 |

John Cottrell set a new M60 record this year

Womens Race

| | | | | |
|------|------------------|-----------|-------|------|
| Open | Pam Morgan | LivHar | 28.17 | 1997 |
| F35 | Sue Crehan | Sale H | 29.20 | 1993 |
| F40 | Jackie Thorn | Vale R | 30.58 | 1999 |
| F45 | Margaret Docking | Wrexhm | 33.22 | 1996 |
| F50 | Mary Meredith | Prestatyn | 32.56 | 1996 |
| F55 | Mary Meredith | Prestatyn | 34.17 | 1999 |
| F60 | Beryl Mottram | Pensby | 44.47 | 2000 |

Mary Meredith's time in 1996 is the best by an Over 45 but she was actually in the F50 age group at the time.