



BIRKENHEAD PARK ROAD RACES 2011

Sponsored by Urenco UK Ltd

Under UK Athletics Rules : Licence No 2011-101579

Results

Separate Womens listing after the full results
New records this year in M45, M55, M60, F35 and F55 age groups

Course Records On Lower Park Course

All established since 2007 when the the new course was first used.

Mens Race

Open	Jonny Mellor	LivHar	24.09	2008
U20	Adam Peers	LivHar	25.52	2007
M40	Paul Sankey	LRC	27.02	2010
M45	Robert Tudor	West Ches	26.42	2011
M50	Chris Henry	Wirral	28.12	2007
M55	Graham Ratcliffe	Wirral	28.20	2011
M60	Phil Bailey	S/W AC	30.35	2011
M65	John Cottrell	Wallsy	32.51	2009
M70	Ronnie Jones	WirralC	39.57	2010

Womens Race

Open	Jenny Clague	LivHar	29.04	2007
U20	Clare Murphy	Liv Har	30.54	2009
F35	Lisa Grantham	Wirral	31.12	2011
F40	Briony Taby	MsslyH	31.32	2009
F45	Linda McDermott	Liv Har	33.03	2007
F50	Susan Cooper	S/W AC	32.25	2007
F55	Susan Cooper	S/W AC	34.08	2011
F60	L Simpson	VillRun	40.10	2007

Num	Name		Club	Time
1	99 James Riley	M20-39	Liverpool Harriers & AC	26.16
2	132 Mark Keeley	M20-39	Liverpool Harriers & AC	26.39
3	11 Robert Tudor	M45	West Ches	26.42
4	145 Phil Peerless	M20-39	Wirral AC	26.58
5	117 Peter Green	M20-39	Liverpool Harriers & AC	27.08
6	53 Mark Hulmston	M20-39	Wirral AC	27.10
7	1 Paul Sankey	M40	Liverpool Running Club	27.20
8	125 Martin Swensson	M20-39	Penny Lane Striders	27.26
9	135 Rob Grantham	M20-39	Ellesmere Port	27.30
10	141 Vincent Van Woerkum	M20-39	Chester Tri	27.47
11	105 Nathan Vengdasalam	M45	Liverpool Harriers & AC	27.54
12	123 John Heap	M40	Hallamshire Harriers	28.17
13	36 Graham Ratcliffe	M55	Wirral AC	28.20
14	51 Greg Jones	M20-39	Wallasey AC	28.26
15	47 Ian Cooper	M45	Unattached	28.35
16	115 Rick Bowker	M50	Southport Waterloo AC	28.49
17	20 Anthony Barbat	M50	Wallasey AC	28.51
18	2 Adair Broughton	M20-39	Helsby RC	28.55
19	58 Anthony Wilcox	M45	Liverpool Running Club	29.01
20	40 Joe Johnson	M40	B'head AC	29.06
21	102 Lee Midghall	M20-39	Liverpool Harriers & AC	29.13
22	54 Steve Spence	M40	Wirral AC	29.18
23	76 Erika Robinson	F20-34	Buckley R	29.21
24	57 Morten Gammelsaeter	M40	Oppegaard IL Norway	29.24
25	65 Ray Cole	M50	Liverpool Harriers & AC	29.29
26	114 Neil Kelly	M20-39	Penny Lane Striders	29.31
27	91 Christopher Dunn	M40	Southport Waterloo AC	29.42
28	16 Stephen Harrison	M20-39	Fetch Ev RC	30.00
29	74 Maurice Collins	M45	St Helens Sutton	30.03
30	22 John Armstrong	M40	Wallasey AC	30.04
31	108 Mark Hargreaves	M20-39	Penny Lane Striders	30.05
32	59 Nigel Grant	M45	Penny Lane Striders	30.08
33	25 Anthony McDevitt	M55	Wirral AC	30.15
34	66 Jenny Clague	F20-34	Liverpool Harriers & AC	30.21
35	118 Steve Lewis	M20-39	Southport Waterloo AC	30.22
36	92 Les Coathup	M55	Buckley R	30.23
37	73 Phil Bailey	M60	Southport Waterloo AC	30.35
38	14 David Brockway	U20	Wirral AC	30.37
39	29 Ian Landucci	M45	Helsby RC	30.55
40	142 Lisa Grantham	F35	Wirral AC	31.12
41	79 Robert Burke	M45	Liverpool Running Club	31.25
42	69 Marc Wharmby	M	Penny Lane Striders	31.27
43	98 Kenny Forster	M50	Spectrum Striders	31.27
44	93 Jonathon Bradshaw	M20-39	Buckley R	31.32
45	83 Paul Cliff	M40	Unattached	31.36
46	7 Sarah Kearney	F35	Wirral AC	31.37
47	95 Tony Mann	M40	Penny Lane Striders	31.40
48	90 Tom Peacock	M40	Southport Waterloo AC	31.43
49	49 Tony Metcalfe	M55	Mossley H AC	31.45
50	130 Dominic Cooper	M20-39	Mossley H AC	32.03
51	101 George Pierce	M40	Liverpool Running Club	32.12
52	67 Ted Maguire	M45	Unattached	32.23
53	48 Gary Blackwell	M40	Deeside AAC	32.27
54	143 Nick Wilson	M40	Wirral AC	32.31
55	3 Mark Davies	M20-39	St Helens Sutton	32.47

56	104 Hannah Whiteside	FU20	Liverpool Harriers & AC	32.53
57	139 Alan Ashton	M40	Liverpool Harriers & AC	32.54
58	52 Peter Fraser	M40	Wirral AC	33.02
59	17 Sean Britton	M20-39	B'head AC	33.13
60	124 Jane Ashbrook	F35	Helsby RC	33.15
61	103 Steve Pemberton	M55	Penny Lane Striders	33.17
62	63 Michelle Murphy	F45	Liverpool Harriers & AC	33.18
63	116 Tracey Peters	F20-34	Southport Waterloo AC	33.43
64	28 Andrew Conway	M45	Unattached	33.53
65	113 Helen Davies	F20-34	Mossley H AC	33.55
66	96 Aimee Bartley	F20-34	Wirral AC	34.04
67	72 Sue Cooper	F55	Southport Waterloo AC	34.08
68	84 Alan Cliff	M40	Unattached	34.15
69	23 Tim Warn	M60	Penny Lane Striders	34.18
70	68 John Cross	M40	Wirral AC	34.21
71	106 Chris Jones	M20-39	Southport Waterloo AC	34.22
72	140 Nick Massey	M40	Halton & Frodsham	34.23
73	107 Ian Kilshaw	M50	Southport Waterloo AC	34.29
74	9 Geoff Shaw	M55	Helsby RC	34.47
75	18 Peter Carpenter	M50	Unattached	35.00
76	122 Barry Bright	M50	Penny Lane Striders	35.06
77	109 Joe McGrath	M50	Unattached	35.21
78	24 Andrew Stansfield	M45	Penny Lane Striders	35.23
79	82 Paul Doyle	M45	Unattached	35.58
80	60 Christina Puccini	F40	Penny Lane Striders	36.29
81	136 Bernard Lally	M45	Unattached	36.29
82	37 Eamonn Brady	M40	Penny Lane Striders	36.42
83	32 Chris Smith	M40	Unattached	36.57
84	94 Elizabeth Lynan	F35	Penny Lane Striders	37.07
85	64 Les Evans	M50	Unattached	37.13
86	86 Ethan Dunbar	MU20	Village RR	37.20
87	127 Andrew Webster	M20-39	Roby Runners	37.28
88	146 Richard Parfect	M20-39	Unattached	37.29
89	121 Russell Burnham	M20-39	Penny Lane Striders	37.29
90	133 Janet Neville	F45	Unattached	37.34
91	111 Andrew Shelbourne	M20-39	Picton	37.51
92	38 Ian Gratrix	M20-39	Pensby R	38.04
93	137 Paul Booth	M20-39	Unattached	38.15
94	119 Jane Fraser	F55	Wirral AC	38.28
95	89 Billy Hargreaves	M60	Penny Lane Striders	38.48
96	112 Richard Harmsworth	M20-39	Mossley H AC	38.49
97	97 Paul Hannigan	M50	Roby Runners	39.02
98	134 Mark Woolford	M20-39	Unattached	39.21
99	13 Anthony Brockway	M50	Wirral AC	39.27
100	126 Andrew Webster	M45	Roby Runners	39.36
101	31 Tony Clixby	M55	Village RR	39.40
102	131 Graham Scott	M20-39	Unattached	39.52
103	27 Alan Clarey	M55	Mossley H AC	39.54
104	81 Rachel Burke	FU20	Liverpool Running Club	39.57
105	128 Christine Cutner	F55	Southport Waterloo AC	40.10
106	8 Liz Madden	F45	Unattached	40.20
107	15 Maria Brockway	F45	Wirral AC	40.22
108	78 Paul Lee	M20-39	Unattached	40.38
109	62 James Atkin	M55	Unattached	40.50
110	70 Cecilia Schroder	F60	Unattached	41.09
111	144 Nicci Davies	F50	Wallasey AC	41.22

112	43	Louise Powney	F35	B'head AC	41.28
113	21	John Jones	M55	Prestatyn	41.31
114	4	Lyn Ebbrell	F50	Wirral AC	41.59
115	110	Shaun McGrath	MU20	Unattached	42.01
116	30	Elizabeth Simpson	F60	Village RR	42.20
117	10	Janet Shaw	F55	Helsby RC	42.27
118	71	Catherine Nevin	F55	Penny Lane Striders	42.40
119	120	Marie Motley	F45	Penny Lane Striders	43.32
120	80	Sue Burke	F45	Liverpool Running Club	44.55
121	138	Eunice Nopondo	F45	Penny Lane Striders	45.08
122	75	Paula Smith	F40	Wirral AC	46.53
123	87	Caroline Duncan	FU20	Village RR	49.58
124	85	Kay Bain	FU20	Village RR	49.58
125	50	Lesley-Anne Cucksey	F45	Unattached	51.25
126	88	Sarah Duncan	F40	Village RR	55.30
127	77	Ronald Thornton	M65	Unattached	55.30

Womens Race

	<i>Race Num</i>	<i>Name</i>		<i>Club</i>	<i>Time</i>
1	23	76 Erika Robinson	F20-34	Buckley R	29.21
2	34	66 Jenny Clague	F20-34	Liverpool Harriers & AC	30.21
3	40	142 Lisa Grantham	F35	Wirral AC	31.12
4	46	7 Sarah Kearney	F35	Wirral AC	31.37
5	56	104 Hannah Whiteside	FU20	Liverpool Harriers & AC	32.53
6	60	124 Jane Ashbrook	F35	Helsby RC	33.15
7	62	63 Michelle Murphy	F45	Liverpool Harriers & AC	33.18
8	63	116 Tracey Peters	F20-34	Southport Waterloo AC	33.43
9	65	113 Helen Davies	F20-34	Mossley H AC	33.55
10	66	96 Aimee Bartley	F20-34	Wirral AC	34.04
11	67	72 Sue Cooper	F55	Southport Waterloo AC	34.08
12	80	60 Christina Puccini	F40	Penny Lane Striders	36.29
13	84	94 Elizabeth Lynan	F35	Penny Lane Striders	37.07
14	90	133 Janet Neville	F45	Unattached	37.34
15	94	119 Jane Fraser	F55	Wirral AC	38.28
16	104	81 Rachel Burke	FU20	Liverpool Running Club	39.57
17	105	128 Christine Cutner	F55	Southport Waterloo AC	40.10
18	106	8 Liz Madden	F45	Unattached	40.20
19	107	15 Maria Brockway	F45	Wirral AC	40.22
20	110	70 Cecilia Schroder	F60	Unattached	41.09
21	111	144 Nicci Davies	F50	Wallasey AC	41.22
22	112	43 Louise Powney	F35	B'head AC	41.28
23	114	4 Lyn Ebbrell	F50	Wirral AC	41.59
24	116	30 Elizabeth Simpson	F60	Village RR	42.20
25	117	10 Janet Shaw	F55	Helsby RC	42.27
26	118	71 Catherine Nevin	F55	Penny Lane Striders	42.40
27	119	120 Marie Motley	F45	Penny Lane Striders	43.32
28	120	80 Sue Burke	F45	Liverpool Running Club	44.55
29	121	138 Eunice Nopondo	F45	Penny Lane Striders	45.08
30	122	75 Paula Smith	F40	Wirral AC	46.53
31	123	87 Caroline Duncan	FU20	Village RR	49.58
32	124	85 Kay Bain	FU20	Village RR	49.58
33	125	50 Lesley-Anne Cucksey	F45	Unattached	51.25
34	126	88 Sarah Duncan	F40	Village RR	55.30